

WHAT DOCTORS SAY ABOUT MACA



"Maca regulates the organs of internal secretion, such as the pituitary, the adrenal glands and the pancreas. I have had perhaps 200 female patients whose menopausal symptoms are alleviated by taking Maca."

Dr. Hugo Malaspina, MD, Lima, Peru



"Whenever possible, I prefer to use Maca therapy rather than hormone replacement therapy because HRT actually ages the body by diminishing the hormone producing capability of the glands. Maca has proven to be very effective with menopausal patients in eliminating hot flashes and depression and in increasing energy levels."

Dr. Gabriel Cousens, MD, Patagonia, AZ



"My first patient to take the Maca capsules was experiencing hot flashes and other menopausal symptoms. She started feeling much better after using this herb for only four days. I'm also employing it with patients who have low adrenal function."

Dr. Henry Campanile, MD, St. Petersburg, FL



"At least 50 percent of my menopausal patients are using Maca and doing well. I don't recommend the genistein supplements made from soy, since research has shown that they can have a stimulating effect on breast cancer cells."

Dr. Alan Warshowsky, MD, New York, NY



"I give my patients a choice; either natural hormones which are made to be bioidentical to human estrogen and progesterone or Maca extract. The ones who have chosen to go with Maca extract are doing phenomenally well."

*Dr. Cynthia Watson, MD,
Santa Monica, CA*

Continued inside...

ABOUT MACASURE™

MacaSure™ is a unique whole Maca root extract, produced via a proprietary gelatinization process to improve absorption and concentrate the active ingredients within. MacaSure™ uses only the finest organic Maca roots, traditionally grown in the high Andean plateaus of Peru.

An environmentally responsible and fair trade product, featuring Organic Certification by the internationally recognized Eco-Agency SKAL, MacaSure™ is sustainably harvested and produced in partnership with Peruvian farmers by Sequel Naturals.

MacaSure™ is available in 90g & 180g powder and 60 & 120 count Vegicaps®. Ask for MacaSure™ by name where leading supplements are found.



sequel

For more information,
visit www.macasure.com or
call toll-free 1-866-839-8863

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Optimize your hormonal
system naturally with
MACASURE™



sequel
SEEK WELLNESS



WHAT IS MACA?

Also called "Peruvian Ginseng", Maca is an exceptionally hardy root plant native to the Andean mountain plateaus of Peru. Maca grows where no other crops can survive, at altitudes of 14,000 feet in an extreme climate of freezing cold, fierce winds and intense sunlight. Herbalists believe that resilient plants are especially valuable from a medicinal perspective and in this category, Maca knows no equal.



In spite of the poor volcanic soil and harsh environmental conditions, Maca is amazingly rich in amino acids, phytonutrients, fatty acids, vitamins and minerals. Native Peruvians have used Maca for thousands of years as food and medicine to increase energy and stamina, deal with stress and treat numerous sexual dysfunctions ranging from infertility to impotence.

BENEFITS OF MACA

Today, scientists have discovered that the secret behind Maca's effectiveness is its ability to regulate, support and balance the hormonal systems of both women and men for optimal function.

KEY BENEFITS OF AN OPTIMIZED HORMONAL SYSTEM INCLUDE:

- Increased energy, stamina, and ability to handle stress
- Relief from symptoms of menopause and andropause
- Slowing-down or reversal of the aging process
- Enhanced sexual desire and performance

MACA AS ADAPTOGEN

Like ginseng, Maca is an adaptogen, which by definition is a substance that raises the body's state of resistance to disease through physiological and emotional health. Maca helps support and rejuvenate tired and overwhelmed adrenal glands, resulting in greater energy, stamina, mental clarity and the ability to handle stress.

MACA AS HORMONAL REGULATOR

Maca is unique as a HRT-alternative because instead of introducing foreign animal, plant or synthetic hormones into the body, Maca regulates the hypothalamus/pituitary axis to restore hormonal balance for both sexes in a gender-appropriate manner. Maca optimizes hormonal system function to ensure ideal levels of estrogen, progesterone, testosterone, DHEA and human growth hormone.



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Continued from inside flap...



"I'm amazed at how fast Maca works...within just four days of taking the Maca capsules, Mary T. went through an enormous turnaround...she feels strong and vigorous and her depression is gone."

Dr. Harold Clark, MD, New Rochelle, NY



"Maca is very useful in treating male impotence, erectile dysfunction, menopausal symptoms and general fatigue."

Dr. Aguila Calderon, MD, Lima, Peru



"Using this Peruvian root myself, I personally experienced a significant improvement in erectile tissue response. I call it 'nature's answer to Viagra™.' What I see in Maca is a means of normalizing our steroid hormones like testosterone, progesterone, and estrogen. Therefore it has facility to forestall the hormonal changes of aging."

Dr. Garry F. Gordon, MD, Chicago, IL

MACA AS SEXUAL ENHANCER

This is perhaps the area for which Maca is most famous. Maca has been hailed as "Viagra™ of the Herbal Kingdom" and why not? In a human clinical trial recently published in the peer-reviewed medical journal, *Asian Journal of Andrology*,



Maca increased libido by 180% and sperm count by 200%. And in laboratory studies with rodents, Maca increased mating frequency by 400%.

"Maca is an adaptogen, which by definition is a substance that raises the body's state of resistance to disease through physiological and emotional health."